There is a lot going on with ISHM certifications that should be of interest to you

- **CSHM** - The exam is undergoing the five year update. Two groups of volunteers are working to make the exam fair, unbiased and reflective of current practice. Thank you volunteers for the great work. Now every CSHM will play an important part in the process. We will be sending a survey document that asks your ranking on the elements of the proposed body of knowledge for the exam. It will soon hit your inbox. Please respond to the survey. The more participation the more accurate the information!

- **ASHM** - is a stepping stone to the CSHM. The certification manager is offering a great discount for those moving to the CSHM. Time is running out.

- **CSMP** - This is a reminder that every five years Continuation of Certification (COC) documents need to be submitted to the ISHM offices. The worksheet can be found on ishm.org. The due date can be found on your certification card.

- **CSSS and CSSM** - both are required to submit the 5 year COC document. Your 5 year date can be found on the certification card we send you on acceptance and annually thereafter.

- **Annual Renewal** - ISHM has two renewal cycles, one ending September 30 and the other on March 31. Your date is on your certification card.

    Information is up to date and that ishm.org is on your approved/allowed list so that the email goes to your inbox.

Have you scrapped your desktop and laptop because you are using a mobile device for your online activities? This seems to be the current trend. The sales of Desktops is expected to decline significantly as the sales of mobile devices increases.
Question: Does OSHA regulate restrooms for employees?

Response: Even though various state and local governmental agencies regulate restrooms and sanitation (for example, a Municipal Department of Public Health), OSHA also has standards to ensure that employers provide adequate and sanitary restroom facilities for the benefit of their workers. The regulations are set forth in section 1910.141 for general industry and section 1926.51 for construction.

OSHA requires employers to provide a minimum number of toilet facilities depending on the number of employees in the facility. The toilet facilities must be located in restrooms that are separate for each gender. Employers cannot impose unreasonable restrictions on restroom use, and must allow employees to use restroom facilities as needed. Employers must also ensure that any restrictions it imposes, such as locking doors or a sign-out key, do not cause extended delays. Employers with mobile workers, such as on construction sites, must provide readily available transportation that provides prompt access (i.e., less than 10 minutes) to restrooms if they are not available at the work location. OSHA launched a Webpage devoted to restrooms and sanitation.

On a related note, OSHA also issued a Best Practices Guide for restroom access for transgender workers. In the Guide, OSHA expressly stated that all employees, including transgender employees, should have access to restrooms which correspond to their gender identity.

In the last several months, OSHA has taken a proactive approach in addressing restrooms and sanitation.

Darren Hunter is a partner and an experienced OSHA practitioner in the Chicago law firm of Rooney Rippie & Ratnaswamy LLP. This column does not constitute legal advice or the formation or proposal of an attorney-client relationship to or with any person or entity. In addition, this column should not be understood to represent the views of ISHM, the law firm, the individual attorneys at the firm, or of any of the firm’s clients or former clients.

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**Stretching - are you kidding?**

More and more companies are starting stretching programs for all their associates. We once worked at a plant where every morning for 20 minutes exercises were mandatory. The grizzled old construction workers griped and complained. Perhaps our company was not good at understanding and explaining the advantages.

A very interesting take on stretching programs can be found [here](#).
New Employees
Proper indoctrination or thrown into the fire?
Judd Christensen has some thoughts at the ISHM blog

Finally - - OSHA has released the final rule on Silica. Rumor has it that several stakeholders are already gearing up to challenge the rule for various reasons. It will be interesting to watch this play out.

Does it impact you? Do you know what is in the rule? Safety + Health has a very interesting article on the subject with a link to the final rule. Learn more here: Silica

ISO 45000 - Good, Bad, or perhaps in the eye of the beholder

Recently, ISHN published a great article on the subject that was written by: Thea Dunmire JD-CIH-CSP

You can read it here!

How not to!!

Years ago California ran a series of videos produced by the CHP called "Red Asphalt" you can imagine what that means. After a couple of years they discontinued the videos because people were put off by the carnage and the information was not retained or even accepted.

For the most part we have not used that type information to increase safety awareness. Once in awhile a short clip comes along that can possibly help in your safety training. One such clip was on the ASSE LinkedIn site. You be the judge by viewing here