



Name _____

Address _____

Tel (Office) _____

Tel (Mobile) _____

City, _____ State ____ Zip Code _____

Email Address _____

Use this table to summarize annual points earned. At the end of each year in your COC cycle, enter the number of points earned, not to exceed the total points permitted in each category.

Year in Cycle	Calendar Year	Points Earned by Category							TOTAL	
		Active Safety & Health Management	Membership & Professional Services	Publication of Papers	Attendance at Meetings, Conferences, Educational Programs	Teaching	Certification Exam	Other Activities	For Year	For Cycle
1	2004	3	2	0	1.5				6.5	6.5
2	2005	3	2	0	2.5				7.5	14.0
3	2006	3	2	0	1				6	20
4	2007	3	2	0	4	1			10	30
5	2008	3	2	0		2	15		22	52
Total Points Earned		15	10	0	9	3	15			52
Maximum Points Allowed		3/ year 15/ cycle	2/ year 10/ cycle	No Limit	No Limit	15/ cycle	30/ cycle	No Limit	30 Points Required in 5 Years	

Signature _____

Certification #: _____

Date: _____

NOTE: Refer to the ISHM Continuance of Certification Handbook regarding questions concerning what activities count.

This sample represents the points for a CSHM or CSSM. CSMP and CSSS have different point values in some categories.